

Using the smart hospital platform of internet hospital to address the challenges of aging population

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Background of The Elderly-oriented Services of

Internet Hospital

RENJI INTERNET HOSPITAL SHANGHAI JIAOTONG UNIVERSITY SCHOOL OF MEDICINE



China's Increasing Aging

- China's population aged 60 and over is 297 million, accounting for 21.1 % of the total population, while the population aged 65 and over is 217 million, accounting for 15.4 % of the total population.
- <u>Shanghai</u>, one of the earliest and most aging cities in China, has 5,536,600 elderly registered members aged 60 and over, accounting for 36.8% of the total registered population.

Changing disease spectrum / High incidence of chronic diseases

- High incidence of chronic diseases among the elderly(>190 million), with about 40 million <u>disabled and</u>
 [3]
- 75% of the elderly having at least one chronic disease and 43% having multiple co-morbidities. Co-morbidity of chronic diseases is common among the elderly.

Increasing medical visits because of transformed health concepts

- Changes in health concepts and increased demand for medical services for the elderly.
- The elderly in urban and rural areas are significantly more motivated to seek medical visit compared to the beginning of the century.

[1]国家统计局.《中华人民共和国2023年国民经济和社会发展统计公报》[EB/OL].2024. [2]上海市老龄工作委员会办公室.《2022年上海市老年人口和老龄事业监测统计信息》[EB/OL].2023. [3]健康中国行动推进委员会.健康中国行动(2019—2030年)[R/OL].2019.





Elderly face digital divide in access to medical







■ Insufficient understanding and low popularity of the Internet

- China has <u>170 million Internet users aged 60 or older</u>, with an Internet penetration rate of 57.2% (by the end of 2023).
- Low Internet penetration limits the promotion of smart medical services among the elderly.

□ Low utilization rate of intelligent medical services for the elderly

- · Research shows that the higher the age of the patient, the worse the utilisation of intelligent medical services.
- The elderly have weak e-health literacy, unable to use or afraid to use smart healthcare services.

EIderly-oriented Internet medical services need to be improved

- Fewer Internet hospitals or platforms for diagnostic and treatment have set up special areas for the elderly.
- The <u>Internet consultation system is complex</u>, and less than 5% of elderly in outpatient clinics use Internet medical services.

[2]

To improve the elderly-oriented intelligent medical services of great significance

The individual need...

- Streamlining offline medical care through virtual cloud-based diagnosis and treatment
- □ <u>Strengthening health management</u> and providing personalised medical services

The institutional need...

- Optimising service processes to improve service quality and efficiency
- □ Enhancing the precision and effectiveness of medical services through elderly-oriented construction

The social need...

- Promoting collaborative and hierarchical diagnosis and treatment to <u>enhance</u> <u>the efficiency of resource allocation</u>
- □ Optimising "health care combined" model, helping precision medicine and serving the Healthy China



Helping the Elderly Bridge the Gap to Improve Access to Healthcare





Elderly-oriented medical services adaption for the elderly population

Innovative medical services models to deal with aging population



Exploration of The Elderly-oriented Services of

Renji Internet Hospital

RENJI INTERNET HOSPITAL SHANGHAI JIAOTONG UNIVERSITY SCHOOL OF MEDICINE



The first hospital practicing western medicine in Shanghai

Founded in 1844, by Dr. William Lockhart, from London

Missionary Society

In 1952, became a teaching hospital affiliated to

Shanghai Second Medical University

At present, affiliated to Shanghai Jiao Tong University
 School of Medicine









The hospital is the cradle of Western medical education in China



William Lockhart & Huang Chunfu

- Training for local doctors
- Promoting vaccination of cowpox
- Pioneer of Western medical education and public health



The Firsts in Chinese medical history

- The first cardiac surgery--closed mitral commissurotomy
- The first ECMO made in China
- The first open heart surgery with acupuncture anesthesia



Many'Firsts' in Chinese medical history exposed Renji hospital as one of origins of Western

medicine in China





Performance of Renji Hospital



Outpatients and ER visits (10⁴)

Inpatients (10⁴)

12.1 12.9 13.9 14.6 17.8 20.5





427 430 440 457 497 634 582 **645** 2016 2017 2018 2019 2020 2021 2022 2023

> Outpatients, discharged patients, surgeries Ranked No.1 Shanghai Day surgeries 40% China's leading level

2016 2017 2018 2019 2020 2021 2022 2023

International Medical Service



Launched in 2016

Direct-billing with 32 international and domestic insurance companies

54 Diciplines Billingual Service

/ First international medical platform in China passed DNV DIAS-OSC

international accreditation with zero rectification for three consecutive years

Providing medical services to the Consulates General of 25 countries in



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心理医学科

Medicine



應識/Pale Management

100th/Canada **高速/ULA**







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国家大/Canada

Medicine













Medical Education

- Five-year undergraduate English class
- Eight year consistent program, 4+4 education program
 Resident, Specialist training



Simulation Center

- ✓ officially launched in August 2017, with a total area of 2300 square meters
- ✓ Animal surgery training, comprehensive skills training, and nursing skills training (minimally invasive skill training)



Ottawa-Shanghai Joint School of

Medicine

- ✓ Established at October 2014
- ✓ The first 46 students graduated smoothly in July 2020



Full time Master or PhD

Ecole Sino-francaise de Chirurgie

- ✓ was jointly established in 2019 with the University of Strasbourg in France to build an international training base for surgical specialists
- ✓ Cultivate a team of surgical teachers with international perspectives who understand teaching and research

Research

Chinese National Natural Science Foundation (2016-



- Chinese National Natural Science Foundation:
 - → More than 100 items for 7 consecutive years
 - → 566 items during the "13th Five-Year Plan" period, the most in Shanghai hospitals
- Scientific research funding: exceeded 100 million yuan for 10 consecutive years
- Natural Index: Ranked the top 3 medical institutions in the country for 5 consecutive years

Overall Orientation





Smart Elderly-oriented Services of Renji Internet Hospital



- Strengthen the top-level design, and promote digital transformation of hospitals
- Build a smart medical platform to improve elderly-oriented medical services and supporting services



Medical ecological integration: improve the ecological integration of medical and nursing services



Smart Hospital Framework





Higher quality

Higher efficiency

Higher safety

Higher satisfaction

Structure of Renji Smart Hospital





Milestone of Renji Internet Hospital Platform







Online Smart Core Platform





Online Smart Core Platform





Integration of online and offline resources



- Support to gain health data to achieve cross-campus follow-up
- Increase the number of offline services such as tests and examinations on the Internet hospital
- The inspection can be completed in multiple campuses
- One less queueing visit per treatment
- Examinations are prescribed and reserved online

(bone mineral density, breath test, PETCT/MR,

DR, CT, MRI, ECG, etc.)

<u>AI Centralized</u> <u>Reservation Platform</u>



Multiple ways to improve payment and medicine delivery



- Dynamic adjustment of drug distribution mode
- multi-channel to improve the efficiency of distribution, shorten the delivery time
- Online hospital 'cloud pharmacy' to improve the

efficiency of resource allocation

• Open drug pick-up Windows in different campuses for patients and volunteers to take drugs

• Clinical pharmacists guide drug use online to ensure drug safety





• Establish a central warehouse for drug sorting in Pudong

New Area to accelerate distribution

- 3-5 days delivery to Pudong New Area
- Emergency delivery for patients who are off medication







--- emergency scheme

Commercial medical insurance cooperation



- Build PICC-Renji 'Cloud Clinic'
- Build a comprehensive platform integrating medical services, health management and insurance services
- Promote the deep integration of high-quality medical services and commercial insurance

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Provide convenient medical treatment and direct compensation services for patients in different channels

Set up specialized outpatient services



- Set up Internet hospital nursing outpatient services
- Expand the scope and level of services of specialist nurses



Renji Internet Hospital Experience Center



First Internet hospital exploration zone in Shanghai

Establish $\underline{1}$ service team (Providing services to doctors & patients)

Form 2 exploration systems (Offline: iPad, Screen, business card ;Online: Customer Service)

Develop $\underline{3}$ service procedures (reception of patients & complaints & offline refund)

Create $\underline{4}$ thematic sections (medical experience & customer service doctor introduction & achievement display)

More than 150,000 patients received exploration, consultation and assistance services

 $\underline{49}$ exploration zones have been established







Intelligent Custom Service of Renji Internet Hospital



Partnership with Tecent, launched the first AI custom service of internet hospital in Shanghai The application scenario of 'artificial intelligence + medical services' improves the medical experiences



Intelligent Customer Service of Renji Internet Hospital



Analysis of patients' medical intention

Knowledge graph

一级意图	二级意图	意图描述
普通单据	取/打印	化验单,保险单,检查报告打印相关问题
	查询	查询历史做过的各种检查单据
	补办	补办历史单据
	其他	其他非医院支持的单据类型
	医保卡	医保卡的使用人、使用范围
医保指南	电子医保卡	
	异地医保	
	新农合医保	
	其他	医保相关问题且不包含在上面三种意图范畴内的,如兵团社保卡报销问题、社保 卡相关问题
办卡办证	办卡办证	办卡,如就诊卡办理,新生儿办卡,如办健康证,XXX证明,需包含如何办、办 理时间、办理地点
	建档	产科建档等
	统一上班时间	相关门诊时间兜底意图,如提到门诊时间但细节不明确则选择该意图
	分院上班时间	问相关分院的上班时间
门诊时间	放号时间	问医院放号时间
	科室上班时间	问科室上班时间
	医生上班时间	问医生线下排班时间
就诊经费		问检查等就诊项目所需费用
地点信息		院内问路,科室,检查项等位置
	科室	问科室电话
	医生	问医生电话
电话信息	医院	电话相关兜底意图,不明确则归到该意图中
	住院部	住院部电话
	其他	其他类型的电话,如住院结算中心电话,保安处电话
	住院手续	比如住院需要带哪些材料,如何办理

Digital customer service version 1.0 went online More than 730,000 interviews and 260,000 questions answered



Intelligent Customer Service of Renji Internet Hospital

• Create a virtual medical character to close the relationship between doctors and patients





"小威"

Image of a real doctor (3D)	Elderly-friendly
Dynamic InteractiveVirtual Nurse Images	• Reduced text input
Real time captioning	Report scanning
Voice interactionreal-time captioning	Automatically scanOrganize according to timeline

Internet Hospital Digital Customer Service to Improve Efficiency Won the excellent case of China Hospital Development Research Institute Social accountability for the elderly





thematic free clinics









Innovative Model of

"Renji Internet Hospital + Nursing Home"

RENJI INTERNET HOSPITAL SHANGHAI JIAOTONG UNIVERSITY SCHOOL OF MEDICINE

'9073' Elderly Caring Mode in Shanghai

By the end of 2022, the elderly population with registered residence aged 60 and above in Shanghai reached 5.54 million, accounting for 36.8% of total registered residence



[1]上海市老龄工作委员会办公室、上海市卫生健康委员会、上海市统计局、上海市老龄事业发展促进中心.《2022年上海市老年人口和老龄事业监测统计信息》[EB/OL].2023.



Service object: elderly people in nursing homes are able to

access tertiary care directly

Service mode:

- Online diagnosis and treatment for the elderly
- Family members accompany the progress of diagnosis and treatment
- Convenient referral

Renji Internet Hospital +

Nursing Home

- Application guide
- Cloud Consulting Room
- Rapid medical referral
- Innovate cooperation model

Renji Internet Hospital + Nursing Home

- assesse -





8 districts **45** nursing homes

cover more than **16,000** nursing home beds





Establish mobile experience centers among nursing homes

To guide the service content and use process of Internet hospital for elderly care institutions

- Intensive training + on-site experience
- Use guidance in nursing facilities





Cloud Consulting Room of Nursing Home



• To provide convenient, standardized, and continuous medical services for elderly people

Monday to Sunday 7×24h online

Convenient for the elderly



Nursing home workers or volunteers as "health managers" participate in the whole process of diagnosis and treatment of elderly patients



Renji Internet Hospital + Nursing Home



• Combined with features of nursing homes, explore personalized solutions

10 feature	d disciplines	7 featured projects		
		Brain health		
Geriatric synthesis	Kidney function	Heart health		
Heart health	Urinary system	Internet hospital + remote ward round		
Cognitive function	Senile nutrition	Internet hospital + nursing home integration test		
	Traditional Chinese	training program for doctors of medical institutions		
Digestive function	Medicine conditioning	training program for nursing staff of medical institutions		
autoimmunity	Test	Internet hospital + non-emergency transport project		

Smart Medical Tests





The elderly are not necessary to come to the hospital, samples can be collected inside nursing homes supported by the smart system linking with Renji Hospital





Smart Electrocardiogram



- 5G medical application scenarios
- Release medical supplies and provide convenient medical services





合新模式





Smart Check-In Connection and follow up







Renji Internet Hospital + Nursing Home



- In March 2024, White book of "Renji Internet Hospital + Nursing Home collaboration" has been released 5194BD
 - Enhance data security \checkmark
 - Strengthen the construction of application scenarios \checkmark
 - Strengthen the connection of 5G wearable devices \checkmark
 - Empower institutional and community elderly care \checkmark



White book of Renji Internet Hospital + Nursing Home collaboration

10.001

To form reproducible and propagable experiences of integrated medical and elderly caring services



Future : Multilevel Cooperation



• gradually form a smart medical system of Renji Hospital through three steps



THANK YOU



Resume





Prof.Dr. WANG Chunming (Michael)

Professor, PHD

- Director of Smart Hospital Development Department, Renji Hospital, Jiaotong University School of Medicine, Shanghai
- Guest professor, School of Medicine, University of Ottawa

academic post

- Member of the Medical Course Management Committee & Director of the Integrated Medical Humanities Curriculum, Ottawa-Shanghai Joint School of Medicine
- Director of Medical Management Branch of China Operations Research Society
- Leader of the Scientific Research Group of the Internet Hospital Branch of the First China Research Hospital Association
- Member of the Medical Artificial Intelligence Management Professional Committee & Outpatient Management Professional Committee of Shanghai Hospital Association
- Advisor of Medical Service Professional Committee & Big Data Center of Shanghai Modern Service Industry Federation
- Young Editor of BMJ Quality & Safety Chinese Edition